



DISTRICT 5 WEBSITE



# District 5 News4U



3RD QUARTER - 2024

District 5 Newsletter Editor email: [district5@district5msca09.com](mailto:district5@district5msca09.com)

Online Newsletter: <https://district5msca09.com/#D5Docs>

**PLEASE NOTE:**

Links provided throughout are accessible by reading newsletter online.

**IS YOUR GROUP LINKED TO A.A. AS A WHOLE?**

**“DISTRICT 5 AREA ZONES”**

Cowan Heights, Lemon Heights, Orange, Orange Park Acres, (parts of) Santa Ana, Tustin, and Villa Park



Below is a bit of the information provided in A.A.'s “SM F-104 Rev. 06/22” ([https://www.aa.org/sites/default/files/literature/smf-104\\_en\\_0622.pdf](https://www.aa.org/sites/default/files/literature/smf-104_en_0622.pdf))



“Most groups in the United States and Canada choose to be linked to A.A. as a whole by listing the group with the General Service Office, as well as with the Area Assembly, district and local central/intergroup office...”  
 “...Groups listed with G.S.O. have their G.S.R.s or “group contacts”, who act as channels for two-way communication and shared experience...”  
 “...In the spirit of our Twelve Concepts and World Service, each group linked to the local general service structure has the opportunity to participate via District meetings and Area Assemblies in the collective conscience of A.A. in the U.S. and Canada...”

On how to register your group, or for more information, contact District 5 at [district5@district5msca09.com](mailto:district5@district5msca09.com)

*Being of Service...*

**YOUR DISTRICT 5 PANEL 74 “2024/2025” TRUSTED SERVANTS/OFFICERS & COMMITTEE MEMBERS**



**\*\* TRUSTED SERVANTS/OFFICERS \*\***

- ☛ D.C.M.C.: Vicki R. Email: [district5dcmc@district5msca09.com](mailto:district5dcmc@district5msca09.com)
- ☛ ALT. D.C.M.C.: Arrielle T. Email: [district5alt-dcmc@district5msca09.com](mailto:district5alt-dcmc@district5msca09.com)
- ☛ SECRETARY: Ryan P. Email: [district5secretary@district5msca09.com](mailto:district5secretary@district5msca09.com)
- ☛ TREASURER: Greg A. Email: [district5treasurer@district5msca09.com](mailto:district5treasurer@district5msca09.com)
- ☛ REGISTRAR: Kyle B. Email: [district5registrar@district5msca09.com](mailto:district5registrar@district5msca09.com)

**\*\*DISTRICT COMMITTEE MEMBERS (DCMs)\*\*  
(For District 5's Subdistricts)**

- ☛ WOMEN'S EVENING Chris D.
- ☛ MEN'S GROUP Mitchell B.
- ☛ ORANGE FRIENDSHIP CLUB AM Chris D.
- ☛ ORANGE FRIENDSHIP CLUB PM Chris D.
- ☛ NORTH TUSTIN Tyson H.
- ☛ SOUTH TUSTIN Matt D.
- ☛ EAST ORANGE OPEN
- ☛ WEST ORANGE OPEN
- ☛ WOMEN'S DAY OPEN
- ☛ SANTA ANA (Parts Of) OPEN
- ☛ SANTA ANA ALANO CLUB OPEN

**\*\*STANDING COMMITTEE CHAIRS\*\***

- ☛ ARCHIVES Mitchell B.
- ☛ CONVENTION LIAISON Matt D.
- ☛ GRAPEVINE Chris D.
- ☛ GSR SCHOOL Kyle B. (Sub)
- ☛ H&I LIAISON Lana W.
- ☛ INTERGROUP LIAISON Lorne V.
- ☛ LITERATURE Steve C.
- ☛ NEWSLETTER/WEBSITE Vicki R. (Sub)
- ☛ ACCESSIBILITIES OPEN
- ☛ C.P.C. OPEN
- ☛ P.I. OPEN

**\*\* VOLUNTEER POSITIONS \*\***

- ☛ CAKE and COFFEE SERVICES Steve C.

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For more information regarding District 5's “Being of Service” positions:

<https://district5msca09.com/#ServPositions>



How can YOU “Be of Service”??


Attend a District 5 meeting and VOLUNTEER for one of the OPEN positions.



7  
8  
9

## STEPS, TRADITIONS, AND CONCEPTS OF A.A.


(Reprinted with permission of A.A. World Services, Inc.)



AA Website Links: [Alcoholics Anonymous : Read the Big Book and Twelve Steps and Twelve Traditions \(aa.org\)](http://aa.org) -AND- [SMF-195 en - The Twelve Concepts for World Service \(Long Form\) \(aa.org\)](http://aa.org)

### STEPS: 7, 8, AND 9

<p style="text-align: center;">[7] Short Form:</p> <p style="text-align: center;"><b>"Humbly asked Him to remove our shortcomings."</b></p>	<p style="text-align: center;">[8] Short Form:</p> <p style="text-align: center;"><b>"Made a list of all persons we had harmed, and became willing to make amends to them all."</b></p>	<p style="text-align: center;">[9] Short Form:</p> <p style="text-align: center;"><b>"Made direct amends to such people wherever possible, except when to do so would injure them or others."</b></p>
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**"HUMBLY" (Step #7):** *"Having or showing feelings of humility rather than of pride and arrogance. Not showing or feeling superiority toward others / modest / being aware of one's shortcomings / reflecting a spirit of submission or courteous yielding to the opinion, wishes, or wishes of another."* (The Little Big Book Dictionary—Gold Edition 2009)

### TRADITIONS: 7, 8, AND 9

<p style="text-align: center;">[7] Short Form:</p> <p style="text-align: center;"><b>"Every A.A. group ought to be fully self-supporting, declining outside contributions."</b></p>	<p style="text-align: center;">[8] Short Form:</p> <p style="text-align: center;"><b>"Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers."</b></p>	<p style="text-align: center;">[9] Short Form:</p> <p style="text-align: center;"><b>"A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve."</b></p>
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**"SELF-SUPPORTING" (Tradition #7):** *"The act of or capacity for supporting oneself, especially financially, without the help of others."* (The Free Dictionary)



### CONCEPTS: 7, 8, & 9

<p style="text-align: center;">[7] Short Form:</p> <p style="text-align: center;"><b>"The Charter and Bylaws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and the A.A. purse for final effectiveness."</b></p>	<p style="text-align: center;">[8] Short Form:</p> <p style="text-align: center;"><b>"The trustees are the principal planners and administrators of over-all policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities."</b></p>	<p style="text-align: center;">[9] Short Form:</p> <p style="text-align: center;"><b>"Good service leadership at all levels is indispensable for our future functioning and safety. Primary world service leadership, once exercised by the founders, must necessarily be assumed by the trustees."</b></p>
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**"CUSTODIAL" (Concept #8):** *"providing protective supervision and guardianship rather than seeking to improve or cure"* (The Free Dictionary)

**\* DISTRICT 5 - AREA 09 - OCAA / O.C. CENTRAL OFFICE \***

**DISTRICT 5**

Website: <https://district5msca09.com/>

D5's GSR Meetings are held 2nd Thurs. of the month.  
\*\*\*\*\*

**\* STEERING COMMITTEE MEETINGS \***

DATES: (Mon.) Sep 9 / Oct 7 / Nov 11 / Dec 9  
TIME: 6pm PT

ZOOM:  
Member ID: 897 037 1755  
Password/Passcode: 06101935

**\* GSR BUSINESS MEETINGS \***

2nd Thursday of the Month

DATES: (Thurs.) Sep 12 / Oct 10 / Nov 14 / Dec 12  
TIME: 6:30pm PT - New GSR Orientation  
(In-Person Only)  
7:00pm PT - Regular Meeting (Hybrid)

IN-PERSON: Church of the Foothills  
19211 Dodge Avenue  
Santa Ana / N. Tustin, CA 92705

ZOOM:  
Meeting ID: 897 037 1755  
Password/Passcode: 06101935

*For safety and security reasons, please be sure your first name, last initial, and meeting group information is reflected.*

**MARK YOUR CALENDAR!**

District 5 is hosting...

**MSCA09'S SEPTEMBER ASA MEETING**

**(SUN.) SEPT. 8, 2024**

We'll also be celebrating the Area's "65th" Anniversary!!

See Flyer on [Page 7](#)



**DISTRICT 5 WEBSITE...**

**CHECK IT OUT!!**

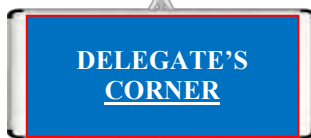
[District 5 of MSCA09 Website \(district5msca09.com\)](https://district5msca09.com/)



DISTRICT 5 WEBSITE'S QR CODE

**MSCA09**

Website: <https://msca09aa.org/>



[Delegate's Corner - Mid-Southern California Area 09 \(msca09aa.org\)](#)

You can find all our Delegate's reports on her webpage.

Sep 8 (Sun): 9:00am - 3:00pm

**\* AREA SERVICE ASSEMBLY (ASA) MTG. \***  
Hosted by District 5

IN-PERSON: Gilberto J. Valadez MSA  
161 E. La Jolla St., Placentia, CA  
ZOOM ID: 896 6166 6203  
PASSCODE: P74service

**AREA'S "65TH" ANNIVERSARY CELEBRATION!**

Sep 19 (Thurs): VIRTUAL

Meeting ID: 873 6607 8505 // Passcode: Area09p74

**\* SERVICE MANUAL WORKSHOP \***  
6:00pm - 7:00pm

Chapter 8 - "The General Service Board"  
Scott H., Class B GSB Chair  
Chapter 9 - "The Board's Operating Corporations"  
Billy N, Past GSC Trustee

**\* MSCA09 COMMITTEE SHARING SESSION \***  
7:15pm - 8:15pm

Sep 26 (Thurs): 7:00pm - Virtual

**\* MSCA09 TREATMENT COMMITTEE MTG \***

ZOOM ID: 854-3755 0762 // PASSCODE: 244472

Oct 13 (Sun): 9:00am - 3:00pm

**\* AREA SERVICE COMMITTEE (ASC) MTG. \***  
Hosted by District 5

IN-PERSON: TBD  
ZOOM ID: 896 6166 6203 // PASSCODE: P74service

Check [MSCA09's website](#) for updated information.

More information will be found on [MSCA09's website](#) once it becomes available.



Mid-Southern California Area 09



PLEASE BE SURE TO CONFIRM ANY AND ALL MEETINGS BEFORE ATTENDING / PARTICIPATING.

Looking for a meeting?

**OCAA / O.C. CENTRAL OFFICE / H&I**

Website: <https://oc-aa.org/>  
H&I Website: [ochandi.org](http://ochandi.org)

**ORANGE COUNTY ALCOHOLICS ANONYMOUS / O.C. CENTRAL OFFICE**

1526 Brookhollow Dr., Ste 75  
Santa Ana, CA 92705-5466  
(714) 556-4555

\*\*\*\*\*

**ORANGE COUNTY INTERGROUP**

Meetings every 2nd Wednesday of the month at 7:00pm - 8:30pm PT.  
6:30pm: Orientation of New Intergroup Reps

Location (In-Person Only):  
Norma Hertzog Community Center  
1845 Park Ave., Costa Mesa, CA

For more info:  
Email: [Chair@oc-aa.org](mailto:Chair@oc-aa.org)  
Website: <https://oc-aa.org>

**ORANGE COUNTY HOSPITALS & INSTITUTIONS (H&I)**

Meets the 2nd Sunday of the month.

Meeting Times:  
4:00pm: Institutions Committee (Orientation at 3:15pm)  
6:00pm: Hospitals Committee (Orientation at 5:15pm)

Location: Garden Grove Alano Club  
9845 Belfast Dr., Garden Grove, CA

For more info: (714) 926-9573 'or' [ochandi.org](http://ochandi.org)

\*\*\*\*\*

Orange County Intergroup Association's monthly publication of "Lifeline" is filled with great information and, most importantly, **EXPERIENCE, STRENGTH, and HOPE!!**

You'll definitely want to read each issue.

Website: <https://oc-aa.org/newsletter/>



Looking to "Be of Service"? Contact O.C. Central Office or H&I for ways you can be.

Visit [www.oc-aa.org](http://www.oc-aa.org) for additional information and links.

Meeting Guide App: <https://www.aa.org/meeting-guide-app>

GSR and DCM Apps:  
GSR APP: <https://msca-gsr-kit.glideapp.io/>  
DCM APP: <https://dcm-dcmc-school-app.glideapp.io/>

These are great and useful apps that can be downloaded to your computer, laptop, tablet and/or netbook!





# A.A. GENERAL SERVICE OFFICE (GSO) ANNOUNCEMENTS & EVENTS

AND






# A.A. GRAPEVINE NEWS

## A few of the “What’s New on AA.org”

(If viewing digitally, just click on the individual listed titles for the complete information.)  
Or Visit:

[https://www.aa.org/pages/en\\_US/whats-new-on-aaorg](https://www.aa.org/pages/en_US/whats-new-on-aaorg)

### \*June 2024 thru August 2024\*

-  [Announcing: Clearance Sale](https://www.aa.org/sites/default/files/literature/Announcing_Clearance_Sale_EN.pdf) (https://www.aa.org/sites/default/files/literature/Announcing\_Clearance\_Sale\_EN.pdf) — **ENDS SEPT. 30, 2024**
-  [Message from the General Manager at GSO](https://www.aa.org/sites/default/files/literature/Communication_GM_EN_June2024.pdf) (https://www.aa.org/sites/default/files/literature/Communication\_GM\_EN\_June2024.pdf)
-  [AAWS HIGHLIGHTS, June 2024](https://www.aa.org/sites/default/files/literature/AAWS_2024_June_Highlights_2.pdf) (https://www.aa.org/sites/default/files/literature/AAWS\_2024\_June\_Highlights\_2.pdf)
-  [Box 4-5-9 Summer 2024 Edition](https://www.aa.org/sites/default/files/newsletters/f-36_summer2024.pdf) (https://www.aa.org/sites/default/files/newsletters/f-36\_summer2024.pdf)
-  **Two new videos from the Young People’s Video project – now available on aa.org**
  - [Young and Sober in AA: It could save your life](https://www.aa.org/it-could-save-your-life) (https://www.aa.org/it-could-save-your-life)
  - [Young and Sober in AA: I thought drinking made me an artist](https://www.aa.org/i-thought-drinking-made-me-an-artist) (https://www.aa.org/i-thought-drinking-made-me-an-artist)

## A.A. Audiobooks, CDs and eBooks

**Audiobooks:** <https://onlineliterature.aa.org/audiobooks>



**eBooks:** <https://www.aagrapevine.org/store/ebooks>



## BOX 4-5-9 UPDATE

(As per A.A.W.S. Correspondence / Dated May 2024)

*“...At its March 2024 meeting, the A.A. World Service Board voted to discontinue the print edition, effective immediately...”*

The full version of the letter can be found here:

[Box 459 Print Decision \(aa.org\)](https://www.aa.org/sites/default/files/literature/Box_459_Print_Decision_aa.org)  
[https://www.aa.org/sites/default/files/literature/Box\\_459\\_Print\\_Decision\\_0.pdf](https://www.aa.org/sites/default/files/literature/Box_459_Print_Decision_0.pdf)



## THE GRAPEVINE WORKBOOK

*A Resource for Grapevine Reps and Others in Service*

[GV Workbook Jan-2023.pdf \(aagrapevine.org\)](https://www.aagrapevine.org/GV_Workbook_Jan-2023.pdf)



## A.A. GRAPEVINE NEWS...

NOW AVAILABLE:

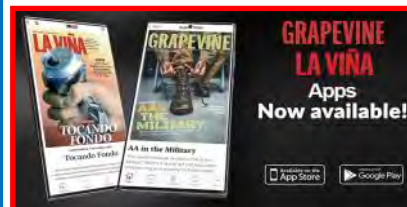
### “The Grapevine and La Viña Apps”



iPhone



Android



## \*\*A Few of the Downloadable A.A. (PSA) Videos\*\*

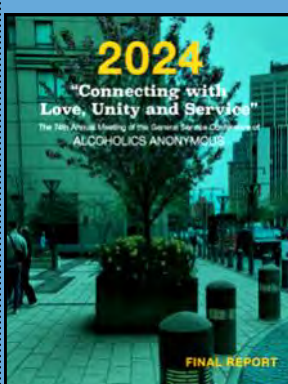
### Sobriety in AA:

- When Drinking is no longer a Party
- My Drinking Built a Wall
- We made changes to stop drinking



2024

## General Service Conference Final Report



“The 74th General Service Conference was held April 14-20, 2024, in New York City at the Marriott Hotel at the Brooklyn Bridge. With 134 Conference members the 74th General Service Conference provided the culmination of a year’s worth of engagement and discussion on topics integral to A.A. members, groups, districts, areas and regions across the United States and Canada, and ushered in the beginning of another year of sharing.”

[https://www.aa.org/sites/default/files/literature/z\\_2024\\_FINAL\\_REPORT\\_anonymity\\_EN\\_830.pdf](https://www.aa.org/sites/default/files/literature/z_2024_FINAL_REPORT_anonymity_EN_830.pdf)

**AAGrapevine YouTube Channel**  
[www.youtube.com/c/AAGrapevine](https://www.youtube.com/c/AAGrapevine)

**AAGrapevine’s Podcast**  
<https://www.aagrapevine.org/podcast>

**AAGrapevine - Instagram**  
[@alcoholicsanonymous\\_gv](https://www.instagram.com/alcoholicsanonymous_gv)

# HAPPY 'SOBRIETY' BIRTHDAY

to the following  
District 5 Group Members!



**\*\* JUNE 2024 \*\***

No 'Meeting Attendees' Birthdays

**\*\* JULY 2024 \*\***

☪ Chris D. - 2 Years - D5 DCM Friendship Club & Grapevine Rep

**\*\* AUGUST 2024 \*\***

☪ Arrielle T. - 3 Years - GSR "Copy Cats" / and D5 Alt-DCMC

☪ Vicki R. - 15 Years - D5 DCMC & Newsletter-Website

☪ Jim L. - 37 Years - GSR "Tustin Big Book Study"



Celebrating your sobriety birthday is a way to honor your hard work and dedication and showing others it can be done!



By doing it "ONE DAY AT A TIME", all together they have...

YEARS.....	57
MONTHS.....	684
WEEKS.....	2,972
DAYS.....	20,805
HOURS.....	499,320
MINUTES.....	29,959,200



- ♦ Alcoholics Anonymous.....[www.aa.org](http://www.aa.org)
- ♦ District 5.....<https://district5msca09.com/>
- ♦ Mid-Southern California Area 09 <https://msca09aa.org>
- ♦ OCAA/OC Central Office.....[www.oc-aa.org](http://www.oc-aa.org)
- ♦ Hospitals & Institutions (H&I).....<https://ochandi.org>
- ♦ A.A. Service Manual Combined with 12 Concepts (2021-2023 Edition).....[www.aa.org/aa-service-manualtwelve-concepts-world-services](http://www.aa.org/aa-service-manualtwelve-concepts-world-services)
- ♦ AA Grapevine.....[www.aagrapevine.org](http://www.aagrapevine.org)
- ♦ OC A.A. Convention.....[www.ocaac.org](http://www.ocaac.org)
- ♦ All O.C. Young People In A.A.....[www.ocypaa.org](http://www.ocypaa.org)
- ♦ Bridging the Gap.....<https://area9btg.org>
- ♦ Online Intergroup of A.A.....<https://aa-intergroup.org>



## NEW GSRs / Alternate GSRs / District 5 Position Holders

A big *WELCOME* and *THANK YOU* to the following for taking on these commitments:

NAME	MEETING GROUP	CITY
♦ Scott S. (GSR)	Sober & Crazy Speakers Meeting	Tustin
♦ Bob M. (GSR)	Serenity Sunrise	Villa Park

### AA RESPONSIBILITY STATEMENT

"I am Responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible."



Let us Know



### MEETING GROUP INFORMATION

In order to keep our applicable database records up to date; GSO, Area 09, District 5, and O.C. Central Office need to be advised whenever there are the following meeting / group changes:

- Name — Date and Time — Location
- General Service Representative (GSR) and/or Contact Information (i.e. Secretary)
- New Meeting/Group 'or' Disbandment of Meeting/Group

If there are any changes, please notify District 5's "Registrar" or "GSR School" Standing Committee Chair. District 5 will then make sure the information is forwarded on.



# A.A. MEETING GUIDE APP & PUBLIC INFORMATION "QR CODES"

## Alcoholics Anonymous Meeting Guide APP



**Meeting Guide is a free-of-charge meeting finder app.**

The app helps people find A.A. meetings and resources near them. A.A. service entities provide the meeting data for the app. Meeting Guide is available for iOS and Android smartphones.



# Alcoholics Anonymous®



aa.org

## ↓ What is A.A. and how it works.



Can A.A. help me stop drinking? Members explain how Alcoholics Anonymous works and what to expect in meetings. Learn about sponsorship and home groups, and how the Twelve Steps can help you recover from alcoholism and live without drinking. A.A.'s primary purpose is for members to stay sober and help other alcoholics to achieve sobriety.



# UPCOMING 2024 SOBER EVENTS

**(Sun.) September 8th**

*Hosted by District 05*

**“AREA SERVICE ASSEMBLY (ASA)”**

Mid-Southern California Area 09  
of Alcoholics Anonymous®



**AREA SERVICE COMMITTEE ("ASC")**  
Hybrid Meeting

**DATE**  
**SUNDAY,**  
**SEPTEMBER 8, 2024**

**TIME: 9:00AM to 3:00PM** *(Registration begins at 8:00am)*

**IN-PERSON: Gilberto J. Valadez MSA**  
161 E. La Jolla St., Placentia, CA

**VIRTUAL: Meeting ID: 896 6166 6203 // Passcode: P74service**  
<https://us06web.zoom.us/j/89661666203?pwd=WQAQbSwqxDwlcmbiMlR5Z2xtaFJkUjBBL1>

Area 09 will be celebrating its "65th" Anniversary, So be sure to join us.

North of the 91 Fwy. and East of the 57 Fwy. Entrance and parking is located on the right side of school. There is additional parking located on the left side of school.

**(Sun.) September 22nd**

**“OC INTERGROUP ANNUAL BBQ”**

## OC INTERGROUP ANNUAL BBQ

BOUNCE HOUS. & GAMES!

COME OUT AND SUPPORT YOUR LOCAL INTERGROUP

Speakers starting @ 1pm

22  
SEP

USE CODE TO DONATE TO SUPPORT INTERGROUP!

**VOLUNTEER SIGN UP!**

**DISH/ITEM SIGN UP**

12-3pm Tewinkle Park, Shelter #1  
Contact Jackie G for inquires 908-309-5407

**ANY SIDE DISH OR DESSERT IS ENCOURAGED/BYO CHAIR**  
**HALF OF THE PROCEEDS FROM THE RAFFLE SUPPORTS OUR INTERGROUP**

## “2025” A.A. EVENTS - PLAN AHEAD!



**THE “2025 ORANGE COUNTY AA CONVENTION” IS NOT BEING HELD ON EASTER WEEKEND! IT’S BEING HELD “May 3 - 5, 2025”**



**March 7 - 9, 2025**  
*Hosted by Alaska Area 02*

**“PRAASA 2025” Anchorage, AK**  
<https://praasa.org/>

Be sure to check out the “Regional Forum Video”

Language of the Heart  
Lenguaje del corazón  
Le langage du cœur

2025 A.A. International Convention  
July 3-6, 2025

**90TH ANNIVERSARY!!**  
**July 3 - 6, 2025**  
*Vancouver, British Columbia, Canada*

**“2025 A.A. International Convention”**  
<https://www.aa.org/international-convention>

Be sure to check out the “Experience Vancouver” video!



My GSR  
report is...**- GENERAL SERVICE REPRESENTATIVE (GSR) CORNER -**What does ...  
mean??

GSR

GSR

**GLOSSARY OF GENERAL SERVICE TERMS: “A THRU C”****THE A.A. SERVICE MANUAL (Pages 85 and 86)**

- ◆ **A.A.W.S.** — Alcoholics Anonymous World Services, Inc., one of the two operating corporations of the General Service Board; oversees the operations of the General Service Office and serves as the publishing company for Conference-approved and service literature.
- ◆ **About A.A.** — About A.A. is the newsletter from the General Service Office of the U.S. and Canada for professionals of all types who deal with alcoholics, including professionals in the fields of healthcare, law, corrections and clergy.
- ◆ **Additional committee consideration (or, simply, committee consideration)** — An item that was discussed by a Conference committee, but with no action taken or recommendation made to the Conference as a whole. Serves as a suggestion to the corresponding trustees' committee.
- ◆ **Ad hoc committee** — A committee established on a temporary or short-term basis to accomplish specific tasks not easily provided for elsewhere in the committee system. Each ad hoc committee has a particular goal to achieve or product to provide to its initiating body; when its task is completed, the committee is dismissed.
- ◆ **Advisory Action** — Represents the informed group conscience of the Fellowship, as the result of a recommendation made by a Conference committee or a floor action that has been approved by the Conference body as a whole.
- ◆ **Agenda item** — The final agenda for any Conference consists of items suggested by individual A.A. members, groups, delegates, trustees, area assemblies, area committee members, and directors/ staff members of A.A.W.S. and the Grapevine. Whatever its origin, any agenda item follows the same path to the Conference agenda: the A.A. staff studies it in the light of previous Conference actions, then passes it on to the trustees' Conference Committee or the appropriate Conference committee to determine when, where and whether it will appear on the Conference agenda.
- ◆ **Alternate** — A service worker who, at group, district, or area level, assists, supports and participates in service responsibilities, and stands ready to step into the service position if the person occupying it is no longer able to serve.
- ◆ **Appointed committee member (ACM)** — An A.A. member who serves on a specific trustees' committee (for example, Public Information or Corrections) because of his or her knowledge and experience in the field.
- ◆ **Area** — The U.S. and Canada are divided into 93 geographic areas. Conference delegates come from each area. Normally there is one area to a state or province, except in heavily A.A.-populated places, where there may be two, three or more areas in a state or province. Some areas include portions of more than one state or province.
- ◆ **Area assembly** — A meeting of GSRs and committee members to discuss area affairs and, every other year, to elect a delegate and committee officers.  
*D5's Newsletter Editor Note: The Area assembly "ASA" is when GSRs have an opportunity to vote on the meeting's applicable motions, etc.*
- ◆ **Area committee** — A committee made up of district committee members (elected by the GSRs in each district) and area committee officers. The area committee generally serves as a steering committee for the area.
- ◆ **Box 4-5-9** — The quarterly newsletter from the U.S./Canada General Service Office. This newsletter includes information about A.A. service, literature, events, sharing from groups, service committees and individual members.
- ◆ **Class A trustee** — A nonalcoholic trustee of the General Service Board.
- ◆ **Class B trustee** — An alcoholic trustee of the General Service Board.
- ◆ **Conference** — The General Service Conference; this can mean either the structure involving committee members, GSRs and delegates in an area, or the annual meeting of Conference delegates each spring in New York.
- ◆ **Concepts** — The twelve principles of service that have emerged from A.A.'s service accomplishments and mistakes since its beginning, as set forth by Bill W. in The A.A. Service Manual/Twelve Concepts for World Service.
- ◆ **Conference-approved literature, videos and films** — Pamphlets, books, videos and films produced under the auspices of various Conference and trustees' committees that the appropriate Conference committees have reviewed and recommended to the Conference for its approval, and that have been approved by the Conference.
- ◆ **Custodial oversight** — The term describing the relationship between the General Service Board and its two operating corporations, A.A. World Services, Inc. and AA Grapevine, Inc., which provide vital services to the Fellowship. This relationship is described in Concept VIII.
- ◆ **C.P.C.** — Cooperation with the Professional Community. C.P.C. committees at the district, area, trustee and Conference level help carry the message to professionals who work with problem drinkers.

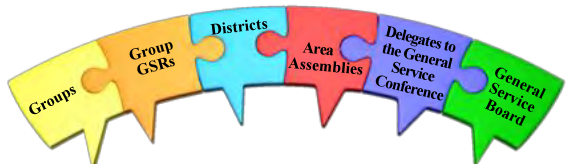
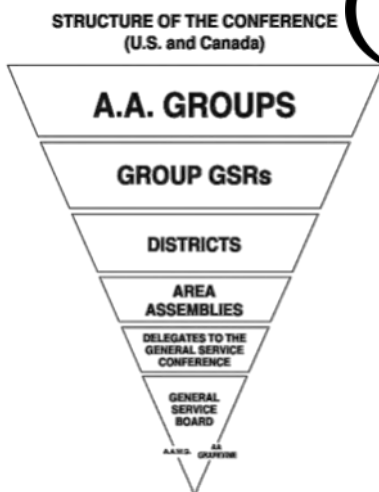


**MEETING GROUPS WHOSE GSRs ATTENDED AT LEAST ONE “DISTRICT 5 MEETING” IN THE “2ND QUARTER” OF “2024”**

MEETING GROUP	GROUP #	GSR	ALTERNATE GSR
12:00 P.M. Step Study Group	606997	Angelique Y.	
777 Newcomers Mens Stag Group	649516	Loren V.	
Chapman & Lewis AA Group	722230	Glenda R.	
Copy Cats	N/A	Arrielle T.	
Early Birds	126119	Cole H.	
Forever Non-Professional	725120	Eric S.	
Hart Park Newcomers Group	649516	Matt D.	
It's In the Book	700349	Gloria Z.	
Keep It Simple Group	126635	Paty R.O.	
Ladies Night Book Study	718618	Lien L-G.	
Monday Night Mens B.Y.O.B.	686410	Tyson H.	
Name in the Hat Group	722902	Ryan P.	
Quality Serenity	?	Kyle B.	
Saturday Night Visiting Speakers Mtg.	100561	Joey P.	
Sunday Morning B/B Study Group (F/Club)	146970	Jadwiga H.	Steve H.
(The) Other 12 & 12 Group	655929	Lili W.	Chris W.
Tustin (6AM) Attitude Modification	130429	Scott P.	
Tustin Acceptance Meeting	696177	Curt B.	
Tustin Big Book Study	678232	Jim L.	
Tustin Rush Hour	168129	John R.	
We Got A Coffee Pot	725707	Will G.	
Wed Nite Womens Solutions Grp	179495	Lana W.	

Does your meeting group have a GSR? If not...why not?

**UPSIDE DOWN TRIANGLE**



Principles before Personalities...



*“By choosing its most qualified member as G.S.R., a group helps secure its own future—and the future of A.A. as a whole.”*

General Service Representative Pamphlet P-19.

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**In keeping with our 7th Tradition.....**

**May 1 thru July 31, 2024**

**Meeting Group Contributions to District 5**



GROUP NAME	CITY	MAY	JUN	JUL	"2024" GROUP TOTALS THRU JULY 31ST
D5 Meeting Contributions	Tustin	\$ 51.00	\$ -	\$ -	\$ 51.00
Personal Contributions	N/A	\$ -	\$ 20.00	\$ -	\$ 20.00
Friendship Club Contributions / Event 4-21-24	Orange	\$ -	\$ 173.00	\$ -	\$ 173.00
6 A.M. Foothill Early Risers	Tustin	\$ -	\$ -	\$ -	\$ 17.66
9:02 Speakers Meeting	Villa Park	\$ -	\$ -	\$ -	\$ 40.00
12:00 P.M. Discussion Group (F/Club)	Orange	\$ -	\$ -	\$ 30.00	\$ 30.00
Alkies Winners Circle Group	Tustin	\$ 45.00	\$ -	\$ -	\$ 63.00
Early Birds Group	Orange	\$ -	\$ -	\$ -	\$ 126.00
Forever Non-Professional	Orange	\$ 55.50	\$ -	\$ -	\$ 55.50
Friday Morning Men's Coffee	Tustin	\$ 7.80	\$ -	\$ -	\$ 13.90
It's In The Book	Orange	\$ -	\$ 45.00	\$ -	\$ 45.00
Keep It Simple Group	Orange	\$ 7.43	\$ -	\$ 6.40	\$ 45.33
Quality Serenity	Orange F/C	\$ -	\$ 20.00	\$ -	\$ 40.00
Rush Hour Discussion Group (F/C)	Orange F/C	\$ 100.00	\$ -	\$ 200.00	\$ 300.00
Serenity Sunrise / Sunrise Serenity (aka 24 Hour Book Group)	Villa Park	\$ -	\$ 62.50	\$ -	\$ 260.11
Sober & Crazy Speaker Meeting	Tustin	\$ 16.51	\$ 5.27	\$ 16.05	\$ 54.48
Spiritual Experience Group	Tustin	\$ -	\$ -	\$ -	\$ 60.00
Sunday Morning B/B Study Group	Orange	\$ -	\$ -	\$ -	\$ 14.00
The Name in the Hat	Orange	\$ -	\$ 15.00	\$ -	\$ 30.00
Tuesday Night Newcomers Meeting	Santa Ana	\$ -	\$ 20.00	\$ -	\$ 20.00
Tustin Acceptance Group	Tustin	\$ 15.11	\$ -	\$ 30.00	\$ 102.91
Tustin Attitude Modification Group	Tustin	\$ 79.00	\$ 56.00	\$ 40.00	\$ 367.00
Tustin Big Book Study	Tustin	\$ -	\$ 15.00	\$ -	\$ 15.00
Tustin Rush Hour Group	Santa Ana	\$ -	\$ -	\$ -	\$ 50.00
Two or More Group	Santa Ana	\$ -	\$ -	\$ -	\$ 21.00
Wed Nite Womens Solutions Grp	Tustin	\$ -	\$ 12.00	\$ 13.70	\$ 47.70
Wednesday Night Step Sister's Book Study	Virtual	\$ -	\$ 100.00	\$ -	\$ 100.00
Womens Step Study Group	Tustin	\$ -	\$ 10.00	\$ -	\$ 20.00
Women's Unity Group	Tustin	\$ -	\$ 10.00	\$ -	\$ 10.00
<b>TOTAL</b>		<b>\$ 326.35</b>	<b>\$ 553.77</b>	<b>\$ 336.15</b>	<b>\$ 2,131.59</b>

***If your meeting group, or you as an individual, would like to make a 7th Tradition contribution to District 5, here are the choices:***

- CHECK—CASH—MONEY ORDER** (Please be sure money order can be 'mobile deposited'.)

**Mail To:** District 5, P.O. Box 3374, Tustin, CA 92781-3374  
**Hand Carry:** District 5 Monthly Meeting (We'd love to see you!!)


- ZELLE INFO:** [district5treasurer@district5msca09.com](mailto:district5treasurer@district5msca09.com)



When making contributions to District 5, please notate your meeting group name and GSO number. If number is not known, please notate the day and time of meeting.



<https://www.zellepay.com/>



**CONTRIBUTION TO:**  
 District 5 - P.O. Box 3374, Tustin, CA 92781-3374

*Please Print*

GROUP #: \_\_\_\_\_

GROUP NAME: \_\_\_\_\_

RECEIPT TO BE SENT TO:

NAME: \_\_\_\_\_

MAILING ADDRESS: \_\_\_\_\_

\_\_\_\_\_

"or" EMAIL ADDRESS: \_\_\_\_\_